

7S ADVENTURE CAMP



| SAMPLE Junior Golf Camp Agenda SAMPLE | | | | | |
|--------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| | 8 a.m. Breakfast | 8 a.m. Breakfast | 8 a.m. Breakfast | 8 a.m. Breakfast | 8 a.m. Breakfast |
| | 9:30 - 10: 30 a.m. Stretching and Fundamentals | 9:30 - 10: 30 a.m. Stretching and Fundamentals | 9:30 - 10: 30 a.m. Stretching and Fundamentals | 9:30 - 10: 30 a.m. Stretching and Fundamentals | 9:30 - 10: 30 a.m. Stretching and Fundamentals |
| | 10:30 a.m. - 12: 30 p.m. Instruction | 10:30 a.m. - 12: 30 p.m. Instruction | 10:30 a.m. - 12: 30 p.m. Instruction | 10:30 a.m. - 12: 30 p.m. Instruction | 10:30 a.m. - 12: 30 p.m. Instruction |
| | 12:30 p.m. Lunch | 12:30 p.m. Lunch | 12:30 p.m. Lunch | 12:30 p.m. Lunch | 12:30 p.m. Lunch |
| | 1:30 - 4:30 p.m. Instruction and Play | 1:30 - 4:30 p.m. Instruction and Play | 1:30 - 4:30 p.m. Instruction and Play | 1:30 - 4:30 p.m. Instruction and Play | 1:30 - 3:30 p.m. Instruction and Drills |
| 6 - 7 p.m. Campers Arrive and Registration | 4:30 p.m. Commuter Camper Pick-up | 4:30 p.m. Commuter Camper Pick-up | 4:30 p.m. Commuter Camper Pick-up | 4:30 p.m. Commuter Camper Pick-up | 4:30 p.m. Camper Pick-up |
| 7:30 - 8: 30 p.m. Group Activity | 5p.m. Dinner | 5p.m. Dinner | 5p.m. Dinner | 5p.m. Dinner | |
| 9 p.m. Campfire and Group Initiatives | Swimming or Other Activity | Outdoor Games | Outdoor Games | Swimming or Other Activity | |
| 10 p.m. Rules and bed | 10 p.m. Rules and bed | 10 p.m. Rules and bed | 10 p.m. Rules and bed | 10 p.m. Rules and bed | |

Our camp counselors are dedicated to providing a fun and safe environment for our campers.

We keep a 1 to 5 camper to counselor ratio and all counselors are trained in first-aid and CPR.

Meals include the breakfast buffet each morning, packed lunches and dinner in the Slopeside or at an area restaurant after a planned activity.

Lodging arrangements are bunk style in either the Tyrol House or in the Chalets next to the hotel.